

## Beginning Level

*For dancers with 0-2 years of recent experience in a modern, jazz, or ballet technique class.*

Dancers are expected to:

- While there are no technical prerequisites for beginning level modern fusion, it is helpful to be able to identify left versus right and know the difference between shared and personal space.

Dancers are working on:

- Concrete and abstract movement concepts such as size, level, quality, direction, etc.
- Learning and repeating movement sequences with a beginning, middle, and end
- Correlating movement to a beat, working in time signatures of 3 and 4
- Understanding basic body positions, vocabulary & movements (plie, tendu, roll down, swing, etc.)
- Sequencing 3- and 4- part transition steps (pas de bouree, kick ball change, etc)
- Performing 1- and 2- part locomotor movements (skips, gallops, grapevines, jumps, leaps & hops)
- Releasing the cervical spine while upside-down, walking backwards & transitioning to and from the floor

## Intermediate Level

*For dancers with 2-4 years of recent experience in a modern, jazz, or ballet technique class*

Dancers are expected to:

- Demonstrate respect of self, space, and others. Take initiative over learning and mentorship in class.
- Effectively use space during class, manage space during combinations, flock with other students to maintain spacing
- Properly demonstrate basic positions, alignment and techniques in combinations
- Link multiple-step locomotor movement and transitional steps into complicated movement sequences
- Get to the floor by sit roll, side fall, and roll over the shoulder

Dancers are working on:

- Retaining and repeating longer movement combinations without teacher demonstration
- Working on complicated terminology and integrating upper/lower body variations
- Incorporating and executing teacher feedback
- Using musicality in addition to counts, working in irregular time signatures
- Different technical jumps, adding turns into leaps, and variations on technical turns
- Releasing into the floor during floor work or transitions to the floor

## Advanced Level

*For dancers with 5+ years of recent experience in a modern, jazz, or ballet technique class*

Dancers are expected to:

- Demonstrate respect of self, space, and others. Take initiative over learning and mentorship in class.
- Perform a technical sequence with verbal instruction and no teacher demonstration
- Retain and repeat combinations longer than 8 sets of 8
- Safely and effectively release into the floor, transition easily between floor and standing

Dancers are working on:

- Integrating backwards and blind movement into combinations and movement across the floor
- Integrating upside down movement into combinations and movement across the floor
- Complex turning sequences, jumping turns, jumps to the floor, turning and working off-axis
- Turning concrete and abstract movement concepts into artistry without teacher prompting